

# KRISTI WRIGHT

MA, Psy.D.

## address

3750 West Merrimac Lane  
Hanover Park, IL 60133

## telephone

(630) 767-9147

## email

mwkp02@yahoo.com

## web

www.kristiwright.org

## Education

### ***Doctor of Clinical Psychology 2007-2010***

Wheaton College, Wheaton, Illinois

Graduated *Magna Cum Laude*, Cumulative GPA: 3.80

Dissertation Title: Contemporary Fatherhood: Perceptions of Christian Men

### ***Masters of Arts in Clinical Psychology 2005-2007***

Wheaton College, Wheaton, Illinois

Graduated *Magna Cum Laude*, Cumulative GPA: 3.83

### ***Bachelors of Science in Counseling 2000-2004***

Florida Christian College, Kissimmee, Florida

Graduated *Magna Cum Laude*, Cumulative GPA: 3.84

## Clinical Experience

### ***Pre-Doctoral Intern, Meier Clinic 2009-2010***

Wheaton, Illinois

*Supervisors:* Paul Sather, Ph.D., Bradley Khale, Psy.D.

Provided outpatient therapy for adults, adolescents, families, couples, and groups. Worked as part of a treatment team providing mental health services for adults in the clinic's partial hospital day program and adolescents in the intensive outpatient program. Services provided included group process therapy, expressive group therapy, individual therapy, and psychoeducational groups. Other responsibilities included administering and writing full psychological batteries for patients in the partial hospital and intensive outpatient programs. Also worked extensively with Family Bridges, part of the Healthy Marriage Initiative federally funded program, by providing preventative therapy and education to couples and families.

### ***Therapist, Central DuPage Pastoral Counseling Center, 2008-2009***

Carol Stream, Illinois

*Supervisor:* Patricia Francis, Psy.D.

Provided individual therapy for children, adolescents, and adults as well as pre-marital and couples therapy. An integrative approach to therapy was utilized with emphasis on psychodynamic conceptualization. Conducted bereavement/loss group therapy, couples communication workshop, premarital workshop, and a yoga for stress reduction group. Other responsibilities included professional presentations for community churches (topics included couples communication, spiritual disciplines, bereavement, and parenting).

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## **Counselor, Wheaton College Counseling Center, 2007-2008**

*Wheaton, Illinois*

*Supervisors:* Doug DeMerchant, Psy.D., Kris McKnight, Psy.D.

Provided short-term and long-term counseling for undergraduate students, with emphasis on family of origin issues, career counseling, depression, and anxiety. Consulted with staff and students concerning campus outreach events such as depression awareness. Conducted professional presentations to various student groups as requested (topics included eating disorders, roommate/relationship issues, suicide awareness, and family dynamics).

## **Extern, Signature Consulting & Psychological Services/Provena Mercy Hospital, 2006-2007**

*Saint Charles, Illinois*

*Supervisor:* David Niekamp, Psy.D.

Administered, scored, and interpreted psychological assessments for the child and adolescent inpatient unit at Provena Mercy Hospital in Aurora, Illinois as well as Signature Consulting & Psychological Services' private practice clients in both the Saint Charles and Sycamore locations. Other responsibilities included writing integrated reports for each client and consulting with an interdisciplinary team of nurses, psychiatrists, and physicians. Tests utilized included Wechsler Intelligence Scale for Children, Wechsler Adult Intelligence Scale, Minnesota Multiphasic Personality Inventory for Adolescents, Millon Adolescent Clinical Inventory, Rorschach, Beck Depression Inventory, House-Tree-Person, Personality Inventory for Children, Rotter Incomplete Sentences, and Connors' Rating Scale - Revised.

## **Teaching Experience**

**Teaching Assistant, Wheaton College, Wheaton, Illinois, 2006-2009**

*Supervisors:* Derek McNeil, Ph.D., Janelle Nelson-Kwee, Psy.D., Mark Yarhouse, Psy.D.

Courses taught:

- *Clinical Interviewing Skills, PSYC 731, (Psy.D. Course)*
- *Group Theory/Therapy, PSYC 723, (Psy.D. Course)*
- *Group Therapy, PSYC 614, (MA Course)*
- *Sexuality and Sex Therapy, PSYC 849, (Psy.D. & MA Combined Course)*
- *NVivo 8 Qualitative Software, Faculty Training*

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Assisted in teaching and research responsibilities for the Graduate Psychology department of Wheaton College. Specific responsibilities included live supervision of students' clinical work, providing feedback on video and audio therapy sessions, facilitation and supervision of group experiential assignments, and teaching classes. Also provided training for students and faculty in NVivo 8 qualitative software and trained research group students in grounded theory coding.

## Other Work Experience

### ***Children's Director, Cornerstone Christian Church, 2005-2006***

*Glen Ellyn, Illinois*

*Supervisor: Georgia Kurko, Ph.D.*

Designed and implemented children's programming for children ages birth through fifth grade for a local church plant in the Chicago suburbs. Other responsibilities included writing curriculum for preschool and elementary ages, training volunteer teachers and assistants, teaching classes for children as needed, and organizing all Sunday morning programming as well as community outreach events.

### ***Child Protective Investigator, Florida Department of Children and Families, 2004-2005 Marion County, Florida***

*Supervisor: Lee Manchester, M.A.*

Investigated allegations of child abuse and neglect for the Florida Department of Children and Families. The investigation process included in-home assessment of child safety and mental well-being, implementing and requesting protective services for families and children, representation of the Department at court hearings and mediations, as well as removal of children from parental custody when necessary.

### ***Academic Assistant, Florida Christian College, 2002-2004***

*Kissimmee, Florida*

*Supervisor: James Smith, Ph.D.*

Provided general assistance for the Bible and Counseling departments of the college. Responsibilities included grading students' assignments, cataloging of grades, research on a variety of Biblical and historical topics, assisting professors in course design, administration of tests, and standard clerical/office duties.

### ***Intern, Help Now Domestic Abuse Shelter, 2002-2003,***

*Osceola County, Florida*

*Supervisor: Evelyn Herrera-Jackson, M.A.*

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Assisted counselors and case managers in group therapy sessions with adult victims of domestic violence and their children, partnered with clients in the shelter and community to assist in obtaining community aid, operated the crisis hotline for the shelter and provided crisis counseling via telephone as needed to hotline callers. Organized, updated, and put into electronic format all administrative forms.

## Volunteer Experience

### **Small Group Leader, Cornerstone Christian Church**

Co-led, with my husband, weekly discussion groups designed to enhance connection and community among church members as well as aid in deep discussion of spiritually and culturally pertinent topics.

### **Pre-marital Educator, Cornerstone Christian Church**

Provided pre-marital education and assessment for couples marrying within the church using the Prepare/Enrich pre-marital and marital curriculum.

### **ProActive Kids Life Style Facilitator, ProActive Kids Foundation**

Facilitated psychoeducational groups for children ages 8 to 17 and their families who were at risk for obesity. Topics covered coping skills, understanding feelings, emotional eating, healthy living, and family dynamics. Also assisted in the writing of the ProActive Kids Lifestyle curriculum.

## Honors

Wheaton College Clinical Psychology Scholarship Recipient (2005-2009)

Florida Christian College Academic Honor Award (highest GPA of student body, 2001-2002)

Florida Christian College *Zeta Upsilon Society* Member #70 (highest academic honor awarded by the school)

National Dean's List (undergrad, 3 years)

## Certifications and Affiliations

American Psychological Association, Student Affiliate

Certified Prepare/Enrich Provider

Certified Family Wellness Facilitator

American Council on Exercise (ACE) Certified Personal Trainer (2000-2002)

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YogaFit Certified Yoga Instructor

## Presentations

Wright, Kristen. (2010, April). *Today's father: changing ideas of what it means to be Called a dad*. Workshop presentation for the Illinois Healthy Marriage Initiative/Family Bridges annual community forum on Responsible Fatherhood in Chicago, IL.

Wright, Kristen. (2010, February). *Seasonal affective disorder*. Continuing Education seminar for professionals at Meier Clinics on the etiology and treatment of seasonal affective disorder or seasonal-pattern depression in Wheaton, IL.

Wright, Kristen. (2008, July). *Finding psychological and spiritual balance*. A presentation conducted for adult community members in DuPage County, Glen Ellyn, IL.

Wright, Kristen. (2008, October). *Dealing with loss and grief during the holidays*. Presentation for grieving adults at a community church in Lombard, IL.

## Research Interests

### ***Women's Issues: Gender and Psychology***

Exploring contemporary feminist psychology literature and investigating issues of gender related to professional and family life.

### ***Men's Perceptions of Contemporary Fatherhood***

Dissertation research examining men's qualitative accounts of contemporary fatherhood, fatherhood self-perception and sense of fathering competence.

### ***Interplay Between Mental, Physical, and Spiritual Health***

Assisting in research efforts with the ProActive Kids foundation evaluating the effectiveness of an obesity prevention program that incorporates a mental health component along with nutritional and physical fitness education.

## Publications

American Hospital Association. (2010.) *ProActive Kids: LifeStyle Curriculum*. Chicago, IL: Jane Jung, M.A., Kelly Swatzel-Markee, M.A., Kristen Wright, M.A.